Investigation into SIHB’s existing programming
- Interviews with program facilitators on services, clients, and funding
- Observation of elders program & inpatient chemical dependency group

Review of relevant academic literature
- Inquiry into policy and reimbursement guidelines
- Review of AOTA position papers, conference materials, and webinars
- Consultation with local hospital & day program on reimbursement
- Investigation into FQHC & Indian Health Services regulations about “encounter” rates
- Research on Medicaid & Medicare reimbursement policies and procedures

Review of OT service provision and administrative needs
- Exploration of primary care and outpatient service delivery models
- Consultation with OTR providing primary care within FQHC
- Exploration of facility for potential treatment space and supplies
- Assessment of risks/benefits of hiring an employee vs. a contractor
- Review of relevant Washington state law governing OT practice
- Search of electronic medical record (EMR) system

CULTURAL PRACTICES IN THERAPY: EXAMPLES

Group interventions:
- Traditional medicine garden: chemical dependency program
- Indian dice game: elders program
- Totem building: domestic violence program
- Stomp dance: diabetes programs

Individual interventions:
- Dreamcatcher building: chemical dependency program
- Pottery: neuromuscular rehabilitation
- Traditional food preparation: peripheral neuropathy

REFERENCES