

DEPARTMENT OF Rehabilitation Medicine

VOLUME I, ISSUE 5 FALL 2008

LETTER FROM THE CHAIRMAN



Peter Esselman, MD
Professor and
Chairman

Welcome to the UW Rehabilitation Medicine Newsletter.

Because of the strong commitment and dedication by all faculty and staff, UW Rehabilitation Medicine has much to celebrate this fall.

I am especially pleased to announce our continued research funding success with the awards of two Research and Training Center Grants and the Center for Continuing Education in Rehabilitation grant. In other department activities, the Division of Prosthetics and Orthotics curriculum is working to transition the program from a baccalaureate program to a Master's degree program. And thanks to a very generous donation by the Bayley Family Foundation, the department has a new rehab stroke program to be headed by Dr. Chuwn Lim.

This fall also marked the opening of our Rehabilitation Medicine Clinic located at the new Maleng Building on the HMC Campus. Finally, we launched our new website in November and I am delighted with the finished product. Thanks to all faculty and staff who have collaborated on the project, we have a clear, consistent, and accessible web presence. Please be sure to visit us at our new web address: <http://rehab.washington.edu>.

I look forward to more good things to come. Have a safe and happy holiday season.

PROSTHETICS & ORTHOTICS PROGRAM TRANSITIONING TO MASTER'S LEVEL BY 2011

A few words with Ann Yamane, CO/LO, Division Head for the P&O Curriculum:



Ann Yamane, CO/LO

Why are we working to transition our baccalaureate program to the master's degree level?

At the 2005 Orthotics and Prosthetics Education Summit, sponsored by the National Commission on Orthotic and Prosthetic Education (NCOPE) and the American Academy of Orthotists and Prosthetists (AAOP), the attendees (i.e. recognized national leaders in prosthetics-orthotics education, clinical care, and research) recommended raising the entry-level education to the master's level. Their decision was largely based on the increasing responsibilities of the practitioner, advances in technology and material science, and the need to integrate evidence-based practice into the educational process to form a foundation for effective clinical practice.

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CALENDAR

- **April 18-24, 2009:**
*UW PM&R Board
Review Course
Hotel Deca*
- **April 25-26, 2009**
*Musculoskeletal (MSK)
Course
Kane Hall*
- **May 7, 2009**
*Lehmann Day
Center for Urban
Horticulture*

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Based on this recommendation from the Education Summit, NCOPE, the accrediting body for prosthetics and orthotics education, moved to require that all existing entry-level education programs be at the master's level by 2012. In order to be in compliance with this requirement and to maintain accreditation from NCOPE, the Prosthetics and Orthotics Curriculum, within the UW Department of Rehabilitation Medicine, will transition from the current bachelor's level to the required master's level prior to NCOPE's 2012 deadline.

When do you hope to be accepting applications for the first Master's level class?

Our goal is to accept students for Autumn 2011.

How will the application process change for students applying to the UW P&O Master's program?

Students applying to the master's program will be required to have a baccalaureate degree and complete prerequisite coursework similar to the Bachelor of Science prerequisite requirements in place now. They will then complete 7 academic quarters in our program. After graduation, students must complete a 1-year NCOPE approved residency in each discipline prior to applying to take the national certification boards administered by the American Board for Certification in Orthotics, Prosthetics, and Pedorthics. We are working on the new curriculum and will submit the proposal to the Graduate School early 2009 for their review and approval.

Do you hope to increase the number of students you accept?

Our plan is to keep the number of students stable. We currently have a total of 24 students with 12 students in each class.

To learn more about the UW P&O curriculum, visit them at: <http://rehab.washington.edu/education/degree/po/>

THE BAYLEY FAMILY FOUNDATION FUNDS STROKE CARE PROGRAM IN REHABILITATION MEDICINE AT UW MEDICINE



Dr. Chawn Lim

Bjorn and Jacquie Bayley and the Bayley Family Foundation recently made a commitment to create the Bayley Family Stroke Care and Research Fund in

the Department of Rehabilitation Medicine. Their generous gift will help to provide even more focused care for stroke survivors. Their investment has enabled us to recruit a new stroke-centered faculty member, Dr. Chawn Lim, who will develop a stroke-specific program that will:

Improve clinical care. With a stroke-expert physiatrist on faculty to evaluate patients' needs and coordinate their care, the department will be able to treat stroke patients more efficiently. It also will be able

to coordinate more seamlessly with colleagues in the Department of Neurology.

Conduct stroke-centered research. The Bayley Family Foundation gift will provide valuable start-up funds to Dr. Lim and his colleagues to conduct research into stroke, treatment, and patient outcomes. This research will add to the department's expertise in patient care, and will help build the foundation for the Center for Stroke Rehabilitation that the department would like to establish.

Ensure best practices. Dr. Lim will examine and evaluate the department's practices, ensuring that patients receive the most appropriate care after stroke — care that allows them to regain as much function and normalcy as possible at work and in their personal lives.

"The University of Washington Department of Rehabilitation would like to thank Bjorn and Jacquie Bayley for their generous contribution to the care of patients suffering from the effects of stroke. With their donation, UW PM&R will have more resources to advance the field of stroke rehab through further program development and research. Stroke patients in the Puget Sound region will benefit from the latest technology and rehab approaches to improve their overall quality of life," Dr. Lim.

At UW Rehabilitation Medicine, private support plays an important role in our continued efforts to bring excellence and innovation to the art and science of medicine. We are greatly honored by the Bayley Family Foundation's commitment and dedication to improving lives.

UW DEPARTMENT OF REHABILITATION MEDICINE RECEIVES MORE THAN \$12 MILLION IN RESEARCH FUNDING

The Department of Rehabilitation Medicine has received more than \$12 million in grants to fund three innovative research and training initiatives:

The **Multiple Sclerosis Rehabilitation Research and Training Center (MSRRTC)** was awarded a \$4.25 million grant over 5 years funded by the National Institute on Disability and Rehabilitation Research (NIDRR). This grant is a competitive renewal award and marks the third five-year cycle for the Center. Dr. George Kraft, Professor, is the Principal Investigator (PI), and Dr. Kurt Johnson, Professor, is the co-PI.

The MSRRTC conducts programs of research and training focused on providing new knowledge, and improving rehabilitation methods and services for people with MS.

To learn more about the MSRRTC, please visit them on the web at: <http://msrrtc.washington.edu/>

The **Rehabilitation Research and Training Center on Aging with a Physical Disability (RRTC)** was awarded a five year \$4.25 million grant. Like the MSRRTC grant, this award is also funded through NIDRR. This grant is a new award for the Center. Mark Jensen, PhD, Professor, is the Principal Investigator (PI).

The RRTC is devoted to addressing the specific challenges that affect people with physical disabilities who are aging. The Center targets persons with spinal cord injury, multiple sclerosis, post-polio syndrome, and muscular dystrophy.

To learn more about the RRTC, please visit them on the web at: <http://agerrtc.washington.edu/>

The **Center for Continuing Education (CCER)** was awarded a \$3.6 million grant over five years, funded through the Rehabilitation Services Administration (RSA) of the U.S. Department of Education to develop and provide an integrated program of technical assistance, organizational development, and educational activities to vocational rehabilitation agencies and their partners in Alaska, Oregon, Washington, and Idaho.

CCER is dedicated to increasing employment opportunities for people with disabilities by providing specialized rehabilitation training and technical assistance.

To learn more about CCER, please visit them on the web at: <http://ccer.org>



Save the Date
May 7, 2009

UW Medicine

DEPARTMENT OF
REHABILITATION MEDICINE

Save the Date!

24th Annual

Justus F. Lehmann Day Symposium

"The Role of Exercise in Improving Rehabilitation Outcomes"

Thursday, May 7, 2009

7:30 am—5:00 pm

Urban Horticulture Center

Additional information will be sent Winter 2009.

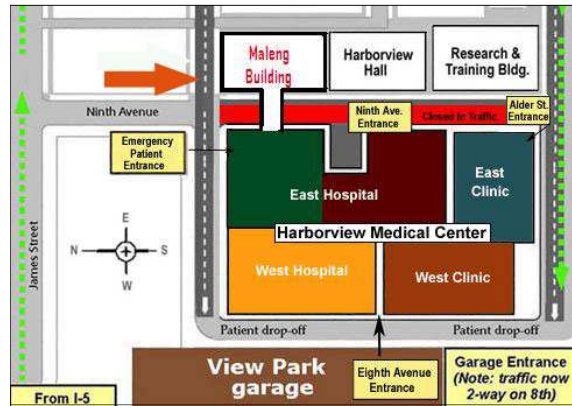
hrrehab@u.washington.edu or <http://rehab.washington.edu>

PHOTO TOUR: NEW REHABILITATION MEDICINE CLINIC AT HMC

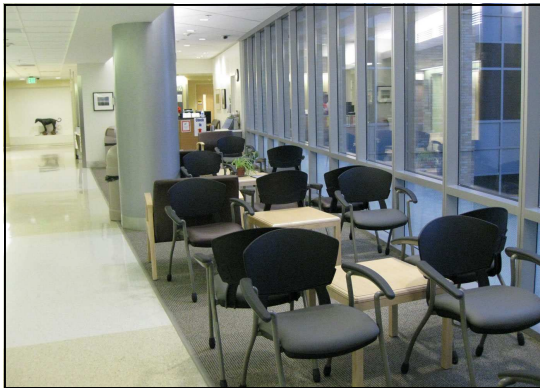
Our new Rehabilitation Clinic is located on the 4th floor of the Maleng Building on the Harborview Medical Center Campus. Some features our new state of the art facility include:

- A waiting area on the sky bridge building, which provides views of Mt. Rainier
- 14 Exam Rooms
- Two rehabilitation gyms

Please follow this link to take a [virtual tour](#) of the entire Maleng building.



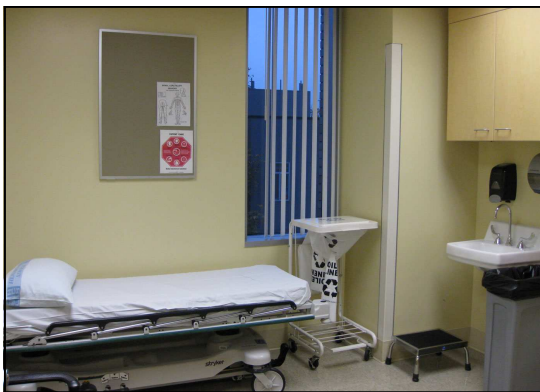
Source: <http://harborview.org>



Check-in and waiting area in bridge building



Large Rehab gym



One of our exam rooms



Small Rehab Gym

FACULTY AWARDS AND HONORS

Congratulations to the following faculty on their promotions:



Rina Reyes, MD, has been promoted to Assistant Professor. Dr. Reyes has been on faculty since 2004. She is the Director of our Spinal Cord Injury (SCI) Program.



Kevin Hakimi, MD, has been promoted to Assistant Professor. Dr. Hakimi has been on faculty since 2004. He is an attending physician at the Seattle VA.

Dr. Dave Patterson and Dr. Shelley Weichman-Askay receive awards from Division 22, Rehabilitation Psychology, of the American Psychological Association (APA):



David R. Patterson, Ph.D., ABPP, ABPH, Professor, was awarded the Roger G. Barker Distinguished Research Contribution Award. This award is given to an individual who has made an outstanding contribution to Rehabilitation Psychology through empirical research, conceptual/theoretical development or both. You may congratulate Dr. Patterson at: davepatt@u.washington.edu



Shelly Wiechman Askay, Ph.D., Assistant Professor, was awarded the Harold Yuker Award for Research Excellence. The Yuker award is given to the first author of the most highly rated article in the Rehabilitation Psychology journal for the year 2007. Her paper, with co-authors David R. Patterson, Mark P. Jensen and Samuel R. Sharar was entitled, A randomized controlled trial of hypnosis for burn wound care. Rehabilitation Psychology, 52(3), 247-253. You may congratulate Dr. Weichman-Askay at: wiechman@u.washington.edu.

WELCOME NEW FACULTY



Alison Stout, D.O. joins the faculty as an Acting Assistant Professor. Dr. Stout completed her residency training at our program in 2005, and was a Clinical Assistant Professor from 2007-2008. Dr. Stout is at the Seattle VA on the Rehabilitation Care Service Line. You may welcome her at: stouta@u.washington.edu



Kimberly Bennett, Ph.D., PT, joins the faculty in the Division of Physical Therapy (PT) as a Lecturer. Dr. Bennett was volunteer clinical faculty from 1996 to 2008 in the Division of PT. We are glad to have her aboard! You may welcome her at: kbennett@u.washington.edu



Brian Hafner, PhD, joins the faculty in the Division of Prosthetics (P&O) and Orthotics as an Acting Assistant Professor. Dr. Hafner has been working closely with the Division of P&O since 2006. You may welcome him at: bhafner@u.washington.edu.

ACCOLADES



Merilyn Moore, Manager, Burns/Plastics Clinic and Rehab Therapies at the UW Burn Center at Harborview, was awarded the International Society for Burn Injuries Andre Zagame Outstanding OT/PT Rehabilitation Specialist Award in September in Montreal. This award recognizes an individual who has made significant contributions to the rehabilitation of patients with burn injuries through clinical practice, clinical teaching and community service. Moore has 28 years experience in Rehab Burn Management at 3 major burn centers in 2 countries. She has worked for the UW Burn Center at HMC since March 1993.



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[HTTP://REHAB.WASHINGTON.EDU](http://rehab.washington.edu)

UW Dept of Rehab Medicine Banner Image by: Janet Schukar

NEW DEPARTMENT OF REHABILITATION WEBSITE LAUNCHES

The University of Washington Department of Rehabilitation Medicine launched a new website on November 10, 2008. The new website reflects our commitment to have accessible and easy to find information on our cutting-edge research initiatives, world-class education and training programs, and patient-centered care. At first glance it may look similar to our old site, but significant changes have been made. The new website is built around two key design features:



1) User-friendly navigation:

- The **Patient Care** section provides patient-centered information for patients and their families, including access to provider searches, hospital and clinic locations, inpatient and outpatient resources, and much more.
- The **Education & Training** section lays out information on our degree programs, residency program, and fellowships in an easily navigable format. Prospective students, residents and fellows can seamlessly sift through a wealth of program-based information.
- The **Research** section provides access to our multitude of research programs, centers, and current studies, as well as recently published articles.

2) Improved, timely web content that is constantly updated. The content will rotate through “archives” of information:

- Articles written for patients and their families to help them better understand the illnesses and injuries we treat.
- Interviews with faculty members that provide insight into their involvement in rehabilitation medicine, their interests, and their clinical and academic goals.
- Patient success stories that illustrate the way our treatment methods and patient-centered care have affected and improved their quality of life.
- Access to current cutting-edge research articles published by our faculty

Please take a few moments to explore the new Department of Rehabilitation Medicine website:

<http://rehab.washington.edu>

We would love to hear your thoughts. Send comments to our Web Master, Carly Daines at: carlyd@u.washington.edu.