

University of Washington Rehabilitation Medicine Newsletter

March 2007

In this month's newsletter:

- 1. Mark your calendars: 22nd Annual Justus F. Lehmann Day Symposium and 50th Anniversary Gala scheduled for June 1 – June 2, 2007.**
- 2. Joyce Engel, Ph.D. awarded membership into AOTF's Academy of Research.**
- 3. NW Regional SCI System awarded grant to study treatment of depression in SCI population.**
- 4. Dr. Brian Krabak to join Rehabilitation Medicine faculty.**
- 5. Update on UW Center for Outcomes in Rehabilitation Research grant.**
- 6. Reminder: The Musculoskeletal and Sports Medicine Symposium and the 24th Annual Review Course in PM&R scheduled for end of March.**
- 7. Grand Rounds Schedule for March 2007.**


1. Mark your calendars: 22nd Annual Justus F. Lehmann Day Symposium and 50th Anniversary Gala scheduled for June 1 – June 2, 2007.

Two days of seminars and festivities have been planned to celebrate the UW Department of Rehabilitation Medicine's 50th Anniversary, beginning with our 22nd Annual Justus F. Lehmann Day Symposium on June 1, 2007, and culminating with a Gala Dinner and Dance celebration the evening of June 2, 2007.

The 22nd Annual Justus F. Lehmann Day Symposium will be held June 1 at the Talaris Conference Center near the University of Washington Campus. The symposium includes research presentations from nationally recognized speakers and poster sessions by our residents and graduate students; it is followed by an evening reception.

We are pleased to announce our distinguished keynote speakers this year: Leighton Chan, M.D., MPH, Chief of the Rehabilitation Medicine Department at the National Institutes of Health Clinical Research Center; and Alan M. Jette, PT, Ph.D., Director of the Health & Disability Research Institute of Boston University School of Public Health.

Saturday, June 2, offers daytime activities for you to enjoy with alumni and friends. The morning will feature a bike ride, run, or walk, while tours of the new Olympic Sculpture Garden on the downtown waterfront are scheduled for early afternoon.



Our celebration culminates in a gala dinner and dance at the Palace Ballroom in downtown Seattle, with a program recognizing the history and people of the Department.

A mailing detailing the event and including an RSVP form should be arriving in your mail shortly. If you have any questions, please feel free to contact the co-chairs of the 50th Anniversary Committee: Marjorie Anderson, Ph.D. at 206-543-7030 or Elizabeth Kanny, Ph.D., OTR at 206-598-5393; emails may be sent to rehab50@u.washington.edu.

2. Joyce Engel, Ph.D. awarded membership into AOTF's Academy of Research.

Joyce Engel, Ph.D. has been nominated and awarded membership into the American Occupational Therapy Foundation's (AOTF) Academy of Research. This is the highest scholarly honor that AOTF confers, and in receiving it Dr. Engel joins an elite group of scientists and scholars. The award will be conferred in April at the American Occupational Therapy Association's 87th Annual Conference & Expo in St. Louis.

3. NW Regional SCI System awarded grant to study treatment of depression in SCI population.


The Northwest Regional SCI System (NWRSCIS) was awarded a five-year, \$5.8 million grant from NIDRR to lead a multi-site study of the effectiveness and tolerability of the antidepressant venlafaxine XR (Effexor XR) for the treatment of major depressive disorder (MDD) in people with SCI who are one or more years post injury. Chuck Bombardier, Ph.D., in the Department of Rehabilitation Medicine, and Jesse Fann, M.D., MPH, in the Department of Psychiatry and Behavioral Sciences, will co-lead this study, which includes three other sites in addition to the University of Washington: Northwestern University/Rehabilitation Institute of Chicago, University of Michigan, and University of Alabama-Birmingham.


This is the first controlled study of depression in the SCI population. Subject recruitment for this study is scheduled to begin in Spring 2007.

For current information about this study, please check the Spinal Cord Injury website at <http://depts.washington.edu/rehab/sci/> or call 800-366-5643. To contact Dr. Bombardier directly, email him at chb@u.washington.edu.

4. Dr. Brian Krabak to join Rehabilitation Medicine faculty.

Brian Krabak, M.D. will join our faculty on June 18, 2007, as a Clinical Associate Professor based at the University of Washington Medical Center.





Specializing in Musculoskeletal and Sports Medicine, Dr. Krabak comes to us from Johns Hopkins University, where he is an Assistant Professor in the Department of Physical Medicine and Rehabilitation and the Department of Orthopedic Surgery.

Other recent sports medicine appointments include 2006 Team Physician for the Baltimore Orioles; Medical Director for 2 legs of Racing The Planet: Gobi March 2005 and Sahara Race 2006; and Aquatic Center Physician at the 2004 Summer Olympics in Athens.

Along with a diverse and in-depth background in spine and sports medicine, Dr. Krabak also brings a strong background in research, teaching and community advocacy to our team, focusing on care and research relating to multi-day endurance athletes. Please welcome Dr. Krabak to the department at bkrabak@jhmi.edu before June 2007 and at bkrabak@u.washington.edu after June 18.

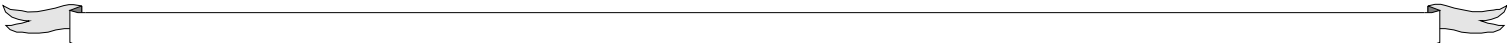
5. Update on UW Center for Outcomes in Rehabilitation Research grant.

It is hard to believe, but UWCORR (Center for Outcomes in Rehabilitation Research) is in the middle of the 5 year grant. UWCORR is a member of the PROMIS network funded by NIH to improve measurement of patient reported outcomes. Dagmar Amtmann, Ph.D. (Principal Investigator) and many Rehabilitation Medicine faculty members have made considerable contributions to this project. PROMIS finished wave 1 data collection on 15 thousand people at the end of last year, measuring items including pain, fatigue, social roles participation, physical function, and emotional distress. Item Response Theory will be used to analyze the data and to compile item banks. On the home front, UWCORR is finishing up time 1 data collection of the longitudinal study (total of six time points) aimed at learning more about fatigue and pain in rehab populations. Over a thousand of people with MS and 500 people with SCI have responded to questions about pain, fatigue, depression, anxiety, social support, physical functioning, and many others. Dr. Amtmann and her colleagues are looking forward to analyzing the data! And finally, in collaboration with Children's Hospital and Regional Medical Center, Dr. Amtmann is starting to recruit for the pediatric portion of the project and will be interviewing kids & youths with disabilities, 8 to 20 years old, every 4 months for 2 years to gain a better understanding of pain and fatigue trajectories and their predictors in that population.

6. Reminder: The Musculoskeletal and Sports Medicine Symposium and the 24th Annual Review Course in PM&R set at end of March.

As a reminder, the Musculoskeletal and Sports Medicine Symposium and the 24th Annual Review Course in PM&R are scheduled for the end of March.

"Running Medicine: From biomechanics to the prevention and management of overuse injuries" is scheduled for March 24th and 25th at the University of Washington's Kane





Hall Room 130, while the 24th Annual Review Course in PM&R is scheduled for March 26 – April 1 in the University District at the Hotel Deca <http://www.hoteldeca.com> in Seattle (previously the University Tower Hotel).

For more up-to-date information, please check the Continuing Education section of the Rehabilitation Medicine website at <http://depts.washington.edu/rehab/education/ce.html>. To register online, you may visit the University of Washington's Continuing Medical Information website at www.uwcme.org. Mail-in registrations should be sent to: Continuing Medical Education, 1325 4th Avenue, Suite 2000, Seattle, WA 98101-2506. If you have any questions on registering, please contact the CME Registrar at (206) 543-9496.

7. Grand Rounds Schedule for March 2007.

Unless noted otherwise, all seminars and conferences are held in RR-134 in Health Sciences at the University of Washington Campus. For the most up-to-date Grand Rounds schedule, please visit the Grand Rounds web page at <http://depts.washington.edu/rehab/education/rounds.html>.

March 5, 10:30 a.m. – Ray Baker, M.D., “Interventional Spine Procedures”

March 12, 10:30 a.m. – Francois Bethoux, M.D., “Latest Advancements in the Treatment of Severe Spasticity”

March 19, 10:30 a.m. – Michael Weiss, M.D., “Electrodiagnosis of Demyelinating Polyneuropathies”

March 26, 10:30 a.m. – TBA

Please note that our Grand Rounds Conferences are available for continuing education credits; contact Pamela Graber at pamelag2@u.washington.edu for more information.

For information on other Continuing Education opportunities through the University of Washington Department Of Rehabilitation Medicine, please visit our Continuing Education web page at <http://depts.washington.edu/rehab/education/ce.html>.

